



NISQUALLY
COMMUNITY GARDEN
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Weekly Box Program!



Coming in July...



Recipes included!

Nisqually Elders will receive weekly pre-packed boxes featuring an assortment of vegetables, fruits, herbs and medicinal products. Deliveries are on Tuesdays – boxes are delivered to the home of Elders who live on the reservation or to the Elders Center where they can be picked up

Weekly Produce Boxes from Nisqually Community Garden!

Weekly produce boxes are available free of charge to Nisqually Tribal Elders.

Here are the basics:

- ◆ Available only to Nisqually Elders.
- ◆ 1 weekly box per household.
- ◆ July-September, boxes will be available Tuesday afternoons for home delivery (**on-reservation only**) or pickup at the Nisqually Elders Center.
- ◆ There is no registration deadline.

- ◆ We have up to 50 spots available in the program. **Spots will be filled on a first-come, first-served basis until we reach the full 50.**
- ◆ **Please let us know by the day before if you can't pick up your box.** Your subscription may be cancelled if you don't pick up your box for 2 weeks without notice.
- ◆ If you would like to sign up, please fill out the **registration form** and mail it in as soon as you are able.
- ◆ If you have any questions, please contact Chantay Anderson at:
anderson.chantay@nisqually-nsn.gov
(360) 456-5221 ex. 1166



Examples of a typical box at different times of year:

July

- 1 head lettuce
- 1 head/bunch bok choy
- 1 bunch green onions
- 1 bunch beets
- 1 head cauliflower
- 1 bunch basil
- 1 head cabbage
- 1/2 pt. blueberries

August

- 1 bunch kale
- 1lb. Green beans
- 1 bunch basil
- 1 head fennel
- 1 eggplant
- 2 ears corn
- 2-3 bell peppers
- 1 pt. cherry tomatoes
- 1 lb. tomatillos
- 1 head cauliflower
- 2-3 large tomatoes
- 1 bundle radishes or turnips